

On the Particle Formation of Leucine in Spray Drying of Inhalable Microparticles

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17 **List of Chemical Compounds in this Study**

18 Compound 1:

19 L-leucine

20 CAS# 61-90-5

21

22 Compound 2:

23 D-(+)-trehalose dihydrate

24 CAS# 6138-23-4

25

26 **Abstract**

27 The particle formation of L-leucine, a dispersibility-enhancing amino acid used in the spray drying of
28 inhalable pharmaceutical aerosols, was extensively studied using three experimental methods, and the
29 results were interpreted with the aid of theory. A comparative-kinetics electrodynamic balance was used
30 to study the shell formation behavior in single evaporating microdroplets containing leucine and
31 trehalose. Different concentration thresholds of solidification and shell formation were determined for
32 trehalose and leucine, which were then used in the particle formation model to predict the properties of
33 spray-dried particles. Furthermore, a droplet chain instrument was used to study the particle morphologies
34 and particle densities that were not accessible in the single particle experiments. Lab-scale spray drying
35 was also used to produce powders typical for actual pharmaceutical applications. Raman spectroscopy
36 confirmed that a glass former, such as trehalose, can inhibit the crystallization of leucine. The surface
37 compositions of these spray-dried powders were analyzed via time-of-flight secondary ion mass
38 spectrometry. The leucine surface coverage in a polydisperse powder was determined to be a function of

39 the particle size or the initial droplet diameter of each respective particle. This observation confirms the
40 important role of leucine crystallization kinetics in its shell-forming capabilities. A critical supersaturation
41 ratio of 3.5 was also calculated for leucine, at which it is assumed to instantaneously nucleate out of
42 solution. This ratio was used as the threshold for the initiation of crystallization. Crystallinity predictions
43 for the leucine-trehalose particles based on this supersaturation ratio were in good agreement with the
44 solid-state characterizations obtained by Raman spectroscopy. This study improves the fundamental
45 understanding of the particle formation process of leucine-containing formulations, which can apply to
46 other crystallizing systems and potentially facilitate the rational design of such formulations with reduced
47 experimental effort.

48

49 Keywords: Spray drying, Leucine, Crystallization, Dispersibility enhancers, Particle Engineering,
50 Pharmaceutical aerosols, TOF-SIMS.

51

52 **1. Introduction**

53 Spray drying is a scalable industrial process that evaporates an atomized spray of a solution, a suspension
54 or an emulsion into a solid powder with a well-controlled size distribution. In the pharmaceutical
55 industry, spray drying has been used extensively in manufacturing solid dosage forms intended for
56 pulmonary delivery. An aerosol needs to have specific aerodynamic properties for successful delivery to
57 the intended areas of the lungs. Larger particles tend to deposit in the delivery device or the mouth-throat
58 region due to inertial impaction, while very small particles might be exhaled (Finlay, 2019). For efficient
59 delivery to the lungs, particles need to have aerodynamic diameters between approximately 1 and 5 μm
60 (Dabbagh et al., 2018). Therefore, particle deaggregation is an important stage in the passive or active
61 delivery of dry powder to the lungs, because an agglomerate behaves aerodynamically much like larger
62 particles and might not reach the targeted pulmonary site (Healy et al., 2014; Lechanteur and Evrard,

63 2020). To assist with the aerosolization of the particles, dispersibility-enhancing agents have been used in
64 spray drying of inhalable pharmaceutical aerosols. These materials operate in part by decreasing the
65 surface energy and increasing the surface rugosity and roughness of the particles and hence decreasing
66 inter-particle cohesion. It has been shown that increasing particle roughness reduces the cohesive forces
67 between particles due to reduction in their effective contact area (Baldelli and Vehring, 2016a; Wang et
68 al., 2019); while a reduction in surface energy directly reduces the cohesive forces (Lechuga-Ballesteros
69 et al., 2008).

70 L-leucine, an essential amino acid, has been widely used and studied as a dispersibility enhancer of spray-
71 dried inhalable microparticles (Boraey et al., 2013; Eedara et al., 2018; Li et al., 2016; Seville et al.,
72 2007). Leucine is a moderately surface-active material, compared to the stronger dispersibility enhancer
73 trileucine (Gliński et al., 2000; Lechuga-Ballesteros et al., 2008; Wang et al., 2019), and has relatively
74 low aqueous solubility, 22 mg/ml at room temperature (Li et al., 2016). These characteristics result in
75 rugose spray-dried particles with low surface energies, which contribute to lower interparticle cohesion
76 and thereby good aerosol performance (Lechuga-Ballesteros et al., 2019). Besides the dispersibility
77 enhancement, it has been shown that a crystalline leucine barrier can also reduce moisture uptake and
78 enhance aerosol performance in humid conditions (Li et al., 2016; Mah et al., 2019). These desirable
79 effects are direct consequences of the surface morphology and surface composition of the particles
80 containing leucine (Eedara et al., 2018; Li et al., 2016), which can to some extent be predicted from
81 surface rheology properties (Nuzzo et al., 2015) and particle formation models (Vehring, 2008). Based on
82 these observations, the utilization of leucine as an excipient in spray drying inhalable particles is
83 beneficial for different respirable dosage forms, such as colloidal suspensions in pressurized metered-dose
84 inhalers (Yang et al., 2015) and in dry powder inhalers (Eedara et al., 2018).

85 The fundamental understanding of the particle formation of leucine-containing formulations facilitates the
86 rational design of such powders with minimal experimental effort. Available particle formation models
87 can approximate the relative radial distribution of each component in an evaporating droplet and predict

88 the general morphology of the resulting spray-dried particles in single-solvent (Boraey and Vehring,
89 2014; Vehring et al., 2007) and multi-solvent formulations (Ordoubadi et al., 2019). The approximation is
90 relatively straightforward for non-surface-active materials and those which do not crystallize during spray
91 drying, such as most polysaccharides and polymers. However, leucine can crystallize during spray drying
92 (Feng et al., 2011), which complicates the prediction of the final particle morphology and the surface
93 composition of multi-component systems. This is because, upon nucleation and crystal growth, modelling
94 of the distribution of different components inside the droplet becomes difficult due to rapid changes in
95 their diffusion coefficients and because nucleation and crystal growth kinetics are not captured in the
96 available models.

97 To predict the onset of phase separation, precipitation or shell formation, particle formation models
98 compare the maximum concentration of each component inside the droplet, which is generally reached on
99 the surface of an evaporating droplet, to some predetermined value (Boraey and Vehring, 2014). For a
100 crystalline material, the solubility value is often considered as this limit, after which crystallization can
101 commence; while for an amorphous component, the concentration at which precipitation occurs is
102 compared to the true density of the material. For multicomponent amorphous systems, the total
103 concentration of the amorphous material can be compared to the true density of the amorphous mixture
104 (Carrigy et al., 2019). Nevertheless, the solidification does not happen exactly upon reaching these limits
105 (Vehring, 2008). For each specific system, further experimental observations are required to explain the
106 particle formation process. For example, for a crystallizing component, such as leucine, a critical
107 supersaturation is required for nucleation, which is a function of different chemical properties of the
108 participating molecules and the process parameters (He et al., 2006). Even if a value for a critical
109 supersaturation can be determined theoretically, the modeling of the ensuing phenomena such as the rate
110 of nucleation, crystal growth, and the subsequent surface enrichment of these crystallites is complicated
111 by the fact that they likely occur in highly supersaturated solutions due to the fast evaporation of

112 microdroplets in spray dryers (Baldelli et al., 2016). Hence, experimental investigation is essential to
113 better understand the particle formation in such systems.

114 Different experimental techniques have been used to study the drying kinetics of droplets containing
115 solidifying or crystallizing components. For example, the drying behavior of single droplets, usually in
116 the millimeter range, suspended from thin filaments has been studied (Fu et al., 2012). In this method, the
117 droplet is placed in a controlled environment with specified temperature and relative humidity. The
118 drying kinetics can be accurately measured via either an imaging technique or attachment of the thin
119 filament to a microbalance. The intrusive presence of the filament has been reported to affect the heat and
120 mass transfer between the environment and the droplet (de Souza Lima et al., 2020; Fu et al., 2012). In
121 another class of techniques used in such studies, single droplets have been successfully levitated using
122 acoustic forces (Griesing et al., 2016; Mondragon et al., 2011), drag forces induced by an air stream
123 (Hennet et al., 2011; Weber et al., 2016), the Leidenfrost effect (Marty and Tsapis, 2008) and
124 electrodynamic forces (Gregson et al., 2020, 2019; Ordoubadi et al., 2018). In these methods, the
125 environment conditions can be controlled easily, and the instantaneous size of the droplets can be
126 measured accurately, as the single droplets are usually held in place in a stable condition. The main
127 disadvantage of these methods is that the dried particle cannot be collected for any subsequent analysis. A
128 chain of falling monodisperse droplets has also been used to mimic the actual spray drying conditions to
129 some extent (Baldelli et al., 2016, 2015; Baldelli and Vehring, 2016b; Ordoubadi et al., 2019; Vehring et
130 al., 2007). In this method, usually called “the monodisperse droplet chain technique”, the final dried
131 particles were collected to study their morphology using electron microscopy. However, the small
132 quantity of collected particles was not enough to allow other measurements such as Raman spectroscopy,
133 which requires milligrams of powder. Also, the inherent instability of the droplet chain can make accurate
134 measurement of the droplet size difficult, particularly in micrometer-size ranges. Although these
135 experimental tools are promising for the study of the drying kinetics of droplets and provide insights into
136 the particle formation processes, none of them represents actual spray drying conditions such as

137 polydispersity of the powder and the temperature and relative humidity variations in the spray plume.
138 Also, previous methodologies do not provide enough powder for a broad range of characterization
139 techniques. Consequently and not surprisingly, actual spray drying on laboratory-scale dryers is still a
140 popular method used in studying the particle formation of inhalable pharmaceutical aerosols (Eedara et
141 al., 2018; Mah et al., 2019; Mangal et al., 2015). The downside of lab-scale spray drying is that the drying
142 kinetics and the exact initial droplet size distributions cannot be measured directly, and the drying
143 conditions for the droplets are much less controlled.

144 In this study a theoretical model was compared to results from three experimental techniques: a single-
145 particle electrodynamic balance, a droplet chain instrument and a lab-scale spray dryer, in order to
146 overcome their individual limitations. The particle formation of leucine was studied in combination with a
147 disaccharide, trehalose. Trehalose was chosen as a model excipient for a glass stabilizer of biologics and
148 other active pharmaceutical ingredients (Carrigy et al., 2019; Feng et al., 2011; Lechuga-Ballesteros et al.,
149 2019).

150

151 **2. Materials and Methods**

152 **2.1. Materials**

153 Different solutions of L-leucine (Cat. No. BP385-100, Fisher Scientific, Ottawa, ON, Canada) with D-
154 (+)-trehalose dihydrate (Cat. No. BP2687-1, Fisher Scientific, Ottawa, ON, Canada) were prepared using
155 HPLC-grade water (Cat. No. W5-4, Fisher Scientific, Ottawa, ON, Canada). The total excipient
156 concentrations were varied in the range of 5 to 50 mg/ml with different mass fractions of trehalose and
157 leucine.

158

159 2.2. Experimental Investigation of Particle Formation

160 Three different experimental techniques were used for this study. A single-particle analysis was
161 performed using a Comparative-Kinetics Electrodynamic Balance (CK-EDB); in which single aerosol
162 droplets were levitated in a controlled environment to measure their size and to infer their general
163 morphology using scattered light (Gregson et al., 2019; Haddrell et al., 2019). Using this method, the
164 exact time and diameter at solidification can be determined accurately, enabling the estimation of the
165 critical point for shell formation for each formulation. To study the morphology of the resulting
166 microparticles using electron microscopy and to find the particle densities, a monodisperse droplet chain
167 instrument was used to collect dried particles. The initial droplet diameters in both of these instruments
168 (EDB: $\sim 50 \mu\text{m}$, droplet chain: $\sim 40 \mu\text{m}$) were larger than the typical sizes encountered in actual
169 pharmaceutical spray dryers of about $10 \mu\text{m}$. To generalize the results to practical applications and to
170 produce enough powder for different characterization methods, a laboratory-scale spray dryer was used to
171 produce bulk powders in the respirable range ($1\text{-}5 \mu\text{m}$ aerodynamic diameter).

172

173 2.2.1. Comparative-Kinetics Electrodynamic Balance (CK-EDB)

174 The drying and solidification of single aerosol droplets in the form of aqueous solutions of the excipients
175 were studied using a CK-EDB (Davies et al., 2012). A single droplet ($\sim 50 \mu\text{m}$ diameter) was generated
176 using a droplet-on-demand dispenser (MJ-ABP-01, MicroFab Technologies, Plano, Texas, USA) and
177 charged by ion imbalance using DC voltage applied to an induction electrode positioned close to the tip of
178 the dispenser. The droplet was then trapped inside a temperature- and RH-controlled environment at the
179 center of the electrodynamic field, generated by applying an AC potential difference to two sets of
180 concentric cylindrical electrodes mounted vertically opposite one another. An additional DC voltage was
181 applied to the lower electrodes to counteract the gravitational force on the droplet. This electrodynamic
182 field was dynamically manipulated to account for the changes in droplet mass. Upon confinement of the
183 droplet in the trap, a 532 nm CW laser illuminated the particle. The interference between the reflected and

184 refracted light produced an elastically scattered pattern also known as the phase function. The phase
 185 function was captured every ~10 ms using a CCD sensor at a forward-scattering angle of 45° over an
 186 angular range of about 24°. The collected phase functions were then compared to Mie theory calculations
 187 to determine the size of the droplet at each time-point with an accuracy of ±100 nm (Gregson et al.,
 188 2019). The approximate morphology of the droplet during drying was also determined using a novel
 189 method based on the irregularities observed in the phase function (Haddrell et al., 2019). The different
 190 morphologies detected are homogeneous and spherical, spherical with inclusions, core-shell with high
 191 radial concentration gradients, and non-spherical or inhomogeneous. The instance of shell formation or
 192 solidification was determined for each case using these measured qualitative morphology data as well as
 193 deviations from constant-rate evaporation. Further details and technical information pertaining to this
 194 instrument can be found in previous publications (Gregson et al., 2019; Haddrell et al., 2019; Rovelli et
 195 al., 2016).

196 The formulations studied using the EDB instrument are presented in Table 1. For each case, two to five
 197 droplets were studied at a chamber temperature of 20 °C and relative humidity of ~0% or ~35%. This
 198 temperature was chosen based on the instrument limitations and also to allow accurate determination of
 199 the particle solidification behavior at higher temporal resolutions. The higher relative humidity was used
 200 to increase the relative temporal resolution of the EDB measurements in order to measure the onset of
 201 shell formation more accurately. The high total feed concentrations were chosen such that the shell
 202 formation would happen at large enough diameters to be accurately measured in the balance. The leucine
 203 concentrations were also chosen in such a way to cover a range of low saturation to high saturation.

204 *Table 1* The composition of the samples studied using the electrodynamic balance, accompanied by their feed concentrations,
 205 measured average initial droplet diameters and the relative humidities studied for each case. The drying temperature was set to 20
 206 °C for all cases. The tolerances of the initial droplet diameters are the standard deviation of multiple droplets studied for each
 207 case.

Sample Name	Total Solids Content (mg/mL)	Trehalose Mass Fraction (%)	Leucine Mass Fraction (%)	RH (%)	d_0 (μm)
EDB5L100	5	0	100	0, 35	53.0±1.6
EDB10L100	10	0	100	0, 35	53.4±0.2
EDB20L100	20	0	100	0, 34	53.0±0.2

EDB10T20L80	10	20	80	37	55.8±0.4
EDB10T50L50	10	50	50	37	53.4±0.1
EDB10T70L30	10	70	30	39	50.1±0.2
EDB10T80L20	10	80	20	34	52.8±0.0
EDB10T90L10	10	90	10	34	53.5±0.0
EDB10T100	10	100	0	38	53.4±0.2
EDB5T100	5	100	0	35	53.6±0.2

208

209 2.2.2. Monodisperse Droplet Chain Instrument

210 A custom-made droplet chain instrument was used to produce and collect monodisperse particles for
 211 electron microscopy purposes (Baldelli et al., 2015; Baldelli and Vehring, 2016b; Ordoubadi et al., 2019).

212 In this setup, a droplet-on-demand piezoceramic dispenser with an orifice diameter of 40 μm (MJ-AL-
 213 HT-40-8MX, MicroFab Technologies, Plano, Texas, USA) horizontally injected droplets into a vertical
 214 glass tube with a frequency of 60 Hz. Dry air, at room temperature, passed through the flow tube from
 215 above with a flow rate of approximately 10-15 L/min. Dried particles were then collected at the bottom of
 216 the flow tube on a SEM sample stub with a hole drilled through it, onto which a membrane filter with a
 217 pore size of 0.8 μm (Isopore Polycarbonate, Millipore, Darmstadt, Germany) was attached with the help
 218 of a punched double-sided carbon tape. The other end of the SEM stub was connected to a vacuum line
 219 with a monitored flow rate of about 10-15 L/min. The flow rate of the dry air passing through the flow
 220 tube was slightly larger than the vacuum-line flow rate in order to maximize the collection efficiency of
 221 the particles and reduce contamination from the surrounding environment. A lens and digital camera
 222 system was used to measure the initial diameters of the generated droplets.

223 The formulations studied with this instrument are shown in Table 2. The formulations were chosen to be
 224 similar to some of the formulations studied using the CK-EDB instrument. The average initial droplet
 225 diameters were obtained using the image processing tool of MATLAB (MATLAB, 2019) from two sets
 226 of images, one hundred per set, taken at the start and near the end of each experimental run to factor in
 227 any changes in droplet diameter throughout the duration of the particle collection, which was about 3
 228 hours.

229 *Table 2* The composition of the samples studied using the droplet chain instrument, accompanied by their feed concentrations and
230 measured average initial droplet diameters. The drying temperature was set to 20 °C for all cases. The tolerances of the initial
231 droplet diameters are the standard deviation of hundreds of droplets per case.

Sample Name	Total Solids Content (mg/mL)	Trehalose Mass Fraction (%)	Leucine Mass Fraction (%)	d_0 (μm)
MDC5L100	5	0	100	39.8 \pm 0.1
MDC10L100	10	0	100	36.2 \pm 0.1
MDC20L100	20	0	100	35.8 \pm 0.4
MDC10T50L50	10	50	50	37.2 \pm 0.2
MDC10T80L20	10	80	20	37.1 \pm 0.3
MDC10T90L10	10	90	10	37.7 \pm 0.3
MDC10T100	10	100	0	42.4 \pm 0.1

232

233 2.2.3. Lab-scale Spray Drying

234 In order to produce enough powder for further characterization and also to assess the applicability of the
235 conclusions obtained from the previous experiments in a manufacturing environment, a lab-scale spray
236 dryer (B-191, Büchi Labortechnik AG, Flawil, Switzerland) was used in conjunction with a customized
237 twin-fluid atomizer (Carrigy et al., 2019). A thermodynamic process model developed for this specific
238 spray dryer was used to select process conditions so as to have appropriate outlet temperature and
239 humidity, as explained elsewhere (Carrigy and Vehring, 2019). For all of the spray-dried formulations,
240 the inlet temperature was set to 75 °C, the liquid feed flow rate was set to 2.5 mL/min, drying gas flow
241 rate was 540 L/min, and atomizer air-to-liquid ratio was 10. Based on the process model, these parameters
242 resulted in an outlet temperature of about 48 °C and predicted outlet relative humidity of about 7%. The
243 measured outlet temperatures were between 48.6 and 49.2 °C. Based on the chosen air-to-liquid ratio and
244 available characterization curve of the atomizer (Hoe et al., 2014), the initial mass median diameter of the
245 atomized droplets was approximately 8 μm . The collected powders were stored in a dry box (RH ~ 0%) at
246 room temperature (20 °C). The initial compositions of the spray-dried formulation are shown in Table 3.
247 The formulations were chosen so that most of the resulting particles would be in the respirable regime.
248 The leucine contents were also chosen to cover the probable transition from partially amorphous to fully
249 crystalline state.

250 *Table 3* The compositions, feed concentrations and approximate median initial droplet diameters of the spray-dried formulations.
251 Inlet temperature was 75 °C for all cases.

Sample	Total Solids Content (mg/mL)	Trehalose Mass Fraction (%)	Leucine Mass Fraction (%)	$d_{0,50}$ (μm)
SD50T60L40	50	60	40	~8
SD50T80L20	50	80	20	~8
SD50T90L10	50	90	10	~8
SD50T100	50	100	0	~8

252

253 2.3. Characterization Techniques

254 2.3.1. Scanning Electron Microscopy

255 The micrographs presented in this article were obtained using a field emission scanning electron
256 microscope (Sigma FESEM, Zeiss, Jena, Germany) with an accelerating voltage of 5 kV and working
257 distances ranging from 5 to 10 mm.

258 The sizes of the particles obtained from the monodisperse droplet chain instrument were measured from
259 the SEM images at 1000× using ImageJ software (Schneider et al., 2012). The projected area of about 40
260 particles per sample was measured manually to find the average projected area diameter of the particles.
261 The projected area diameter represents the volume equivalent diameter of the particles only if the
262 particles are completely spherical. As will be seen later, for some of the studied cases the particles were
263 not completely spherical. Nevertheless, the projected area diameter was used as an estimate of the particle
264 sizes for each sample.

265

266 2.3.2. Raman Spectroscopy

267 Spray-dried powders were measured with a custom-designed dispersive Raman spectrometer (Wang et
268 al., 2017) to determine the solid phase of each component. Powder samples were first loaded into a 0.2 μl
269 cavity of an aluminum sample holder and kept under dry condition with less than 3% relative humidity
270 during spectra acquisition. A 671 nm diode laser (Ventus 671, Laser Quantum, UK) with a maximum
271 output power of 500 mW was used as the light source for Raman signal excitation. Raw trehalose and L-

272 leucine were measured directly as received to obtain their respective crystalline Raman reference spectra.
273 Spray-dried pure trehalose was measured to be amorphous and used as the reference spectrum (Feng et
274 al., 2011). Because an amorphous leucine powder reference could not be produced, the reference
275 spectrum of amorphous leucine was approximated by measuring its saturated aqueous solution and then
276 subtracting the spectrum of water. Characteristic peaks of the reference spectra for each component were
277 used to determine the solid phase of each component. A full multivariate deconvolution process, which
278 has been explained in detail elsewhere (Wang et al., 2017), was used to quantitatively determine the solid
279 phase of each component in multi-component systems. Briefly, spectral contributions of each component
280 were subtracted from the raw spectrum of the mixture until their respective characteristic peaks were
281 eliminated and a close-to-flat residual spectrum was obtained. The spectral intensities of each component
282 were then correlated to their corresponding mass fractions using a calibration factor obtained by
283 measuring a spray-dried powder with known mass fraction of amorphous leucine and using trehalose as
284 the internal reference.

285

286 2.3.3. Time-of-Flight Secondary Ion Mass Spectrometry (TOF-SIMS)

287 The surface composition of the spray-dried powders was measured with an average depth of 3-5 nm
288 (Muramoto et al., 2012) using a TOF-SIMS instrument (TOF.SIMS⁵, ION-TOF GmbH, Münster,
289 Germany) with Bi₃⁺ ion source operating at 30 keV energy. Measurements were done on a raster size of
290 200 μm × 200 μm with a frame size of 1024×1024 pixels and five pulses per pixel. These frames were
291 then binned 2×2 for data processing, giving 512×512 pixels. The spectrum of each raw material was also
292 measured as a reference spectrum. The composition of each pixel was obtained from fitting the spectrum
293 at that pixel to a linear combination of reference spectra obtained by a non-negativity constrained
294 alternating least squares method. Further details on the processing of the SIMS spectra can be found in
295 another publication by the authors (Nicholas et al., 2020).

296 To represent the average surface compositions, for each sample, a single 512×512 pixel 16-bit RGB
297 image was then obtained from the spectra matrices, with the red channel reserved for leucine, the blue
298 channel reserved for trehalose and the green channel not used. Image analysis was performed using
299 MATLAB to obtain the average surface composition of each material for the whole frame and the surface
300 compositions of different size fractions of particles, i.e. small (less than 1 μm diameter), medium
301 (between 1 and 3 μm diameter) and large (greater than 3 μm diameter). The color intensity (0-255 for 16-
302 bit channels) of each pixel was read and used to find the surface compositions. If the total intensity of a
303 pixel was less than 1, that pixel was not used in the statistical calculations further on, in order not to
304 account for pixels that were not part of any particle. The average of all the acceptable pixels of each
305 image was then used to find the average surface coverage of each component for the whole frame and for
306 each of the size ranges. Grouping of particles based on their sizes was performed as follows. Around 30
307 particles per size-bin per sample were randomly selected from each frame and manually moved onto an
308 empty black frame using imageJ software. These mostly black images were then used to find the surface
309 composition of each size range. The molar-based surface compositions were in turn converted into mass
310 fractions to compare with the bulk fractions of the formulations studied.

311

312 2.4. Particle Formation Theory

313 A preliminary understanding of the different phenomena occurring during droplet evaporation and the
314 eventual solids formation and crystallization, requires some knowledge of the basics of particle formation
315 theory. Predictions based on such theory can help a formulator in early design stages. The most
316 straightforward relationship used to predict the final particle sizes during spray drying is based on a
317 simple mass balance as (Vehring, 2008)

$$d_p = \sqrt[3]{\frac{C_{0,t}}{\rho_p}} d_0, \quad (1)$$

318 in which, d_p is the volume equivalent particle diameter, $C_{0,t}$ is the initial total solids concentration, ρ_p is
319 the particle density and d_0 is the initial droplet diameter. The use of equation (1) requires the particle
320 density to be known in advance, which is typically not the case for rugose and hollow particles. Particle
321 density is defined as the total mass of the dried particle divided by the particle volume including the
322 internal and external voids. For solid and spherical particles, such as spray-dried trehalose, the particle
323 density can be assumed to be equal to the material's true density, e.g. 1530 mg/mL for amorphous
324 trehalose (Vehring et al., 2007). If the particle density is not known, a value of 1000 mg/mL can be
325 considered as a rough approximation. Based on the inverse cube root relationship, the effect of particle
326 density on the particle diameter is relatively small.

327 There is a linear correspondence between the particle and initial droplet diameters, which makes the
328 particle diameter more sensitive to the atomized droplet size distribution. For polydisperse spray drying
329 applications, the mass median diameter (MMD) of the atomized droplets is usually used as d_0 in equation
330 (1) to give the mass median diameter of the spray-dried powder.

331 The presence of dispersibility enhancers such as leucine and trileucine in the formulation results in the
332 production of rugose and thin-shelled particles, for which, as will be seen later, particle densities of as low
333 as 300 mg/mL can be achieved. In these cases, a more advanced understanding of the internal
334 distribution, precipitation, and phase separation behavior of each component is required for successful
335 particle design.

336 In an evaporating solution droplet, the recession of the liquid/air interface causes surface enrichment by
337 the solutes. This means that the concentration of the solutes on the surface will be higher than at the
338 center of the droplet. This induced concentration gradient causes a radial diffusion flux of each species
339 from the surface towards the center (Boraey and Vehring, 2014; Vehring et al., 2007). The larger or less
340 mobile the solute molecules are, the smaller their diffusional flux will be, which means a higher level of
341 surface enrichment. For example, a polymer with a large molecular size causes early shell formation
342 during drying (Carrigy et al., 2019). The magnitude of surface enrichment during droplet evaporation can

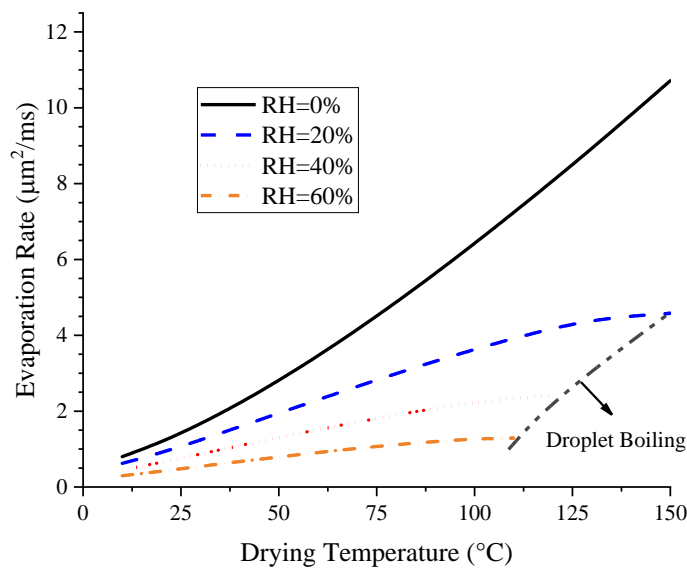
343 be calculated by solving the mass transfer equation inside the droplet (Boraey and Vehring, 2014;
 344 Ordoubadi et al., 2019; Vehring et al., 2007). The surface enrichment is defined mathematically as the
 345 instantaneous surface concentration of each solute normalized by the mean concentration of that solute
 346 inside the droplet. This normalized parameter has an asymptotic behavior and over time approaches a
 347 value called the steady-state surface enrichment, $E_{s,i}$. For small molecules, this steady-state value can be
 348 obtained from what is known as the VFL method (Vehring et al., 2007):

$$E_{s,i} = \frac{C_{s,i}}{C_{m,i}} \approx 1 + \frac{Pe_i}{5} + \frac{Pe_i^2}{100} - \frac{Pe_i^3}{4000} \quad Pe_i = \frac{\kappa}{8D_i} < 20, \quad (2)$$

349 where $C_{s,i}$ and $C_{m,i}$ are the instantaneous surface and mean concentrations, respectively and Pe_i is the
 350 Péclet number of the i th component. Here, κ is the evaporation rate of the droplet (defined later) and D_i is
 351 the mass diffusion coefficient of the respective component. The Péclet number compares the timescales
 352 associated with surface recession and diffusion. A very large Péclet number ($Pe > 20$) means the solute
 353 does not have enough time to diffuse inwards due to the rapid recession of the droplet surface. This
 354 phenomenon results in a very high surface enrichment and large concentration gradients near the surface,
 355 but relatively constant concentrations elsewhere. At these high Péclet numbers, the steady state surface
 356 enrichment is only reached at the very end of the droplet evaporation time. At moderate Péclet numbers
 357 ($0.5 < Pe < 20$), the intensities of diffusion and surface recession are relatively equal, and there will be a
 358 smooth concentration profile with a maximum at the surface and a minimum at the droplet center. For low
 359 Péclet numbers ($Pe < 0.5$) the evaporation rate is much smaller than the diffusion of the solute such that
 360 the internal concentration will be approximately equal to the mean concentration at each time throughout
 361 the droplet. In this case, the steady state surface enrichment is approached quite early, and it can be
 362 assumed that the surface enrichment is equal to the steady state value obtained from equation (2). The
 363 evaporation rate is defined as

$$\kappa = -\frac{dd^2}{dt}, \quad (3)$$

364 in which d is the instantaneous diameter of the droplet. The evaporation rate is constant for a large
 365 proportion of the droplet drying time for single-solvent formulations and can be obtained from the
 366 solution of the coupled heat and vapor mass transfer equations around a spherical droplet (Gregson et al.,
 367 2019; Ordoubadi et al., 2019). Using a numerical model (Ordoubadi et al., 2019), the evaporation rates of
 368 water droplets at different drying temperatures and four different relative humidities were calculated and
 369 are shown in Figure 1. The evaporation rates at higher relative humidity values are presented as a
 370 reference for comparison, because in actual spray dryers the humidity can be high in the vicinity of the
 371 spray plume due to high spray rates and low temperatures due to evaporative cooling. It is worthwhile to
 372 note that at higher relative humidity values, droplets begin to boil at lower drying temperatures, at which
 373 the evaporating droplet temperature approaches 100 °C, represented by the gray dashed line and arrow in
 374 this figure, after which no increase in evaporation rate is possible.



375
 376 **Figure 1** Water droplet evaporation rates, κ , at different drying temperatures and relative humidities.
 377 Using a simple mass balance between the initial droplet state and any time during the drying period, the
 378 mean concentration of any solute in solution form can be obtained from (Vehring, 2008):

$$C_{m,i}(t) = C_{0,i} \left(1 - \frac{t}{t_d}\right)^{-\frac{2}{3}}, \quad (4)$$

379 in which $C_{0,i}$ is the initial feed concentration of the solute and t_d is the droplet lifetime. Equation (4) can
 380 be obtained by assuming a constant evaporation rate and integrating equation (3) to give $d^2(t) = d_0^2 -$
 381 κt , and then using this result for the diameter in the mass balance equation. The droplet lifetime can be
 382 obtained similarly by setting the diameter equal to zero, which gives

$$t_d = \frac{d_0^2}{\kappa}. \quad (5)$$

383 In a simple particle formation model, for a crystallizing component such as leucine, the time at which
 384 saturation is reached (e.g. $C_{s,leu} = C_{sol,leu} = 22$ mg/mL) is usually considered as a first instance at which
 385 nucleation can commence. By using equation (4) and the definition of surface enrichment, it is possible to
 386 obtain the time needed by any component to reach saturation from

$$t_{sat,i} = t_d \left[1 - (S_{0,i} E_{s,i})^{\frac{2}{3}}\right], \quad (6)$$

387 where $S_{0,i}$ is the initial concentration of the solute normalized by its solubility, i.e. the initial saturation
 388 ratio of the solute. Note that it is assumed that the surface enrichment is approximately equal to the steady
 389 state surface enrichment, $E_{s,i}$, during much of the droplet lifetime, which is true for small Péclet numbers
 390 associated with small molecules, such as trehalose and leucine. For larger Péclet numbers, the
 391 relationships presented in (Boraey and Vehring, 2014) can be used to find the instantaneous surface
 392 enrichment.

393 Upon reaching supersaturation, some time is required for the solute molecules to crystallize before the
 394 remaining water content of the droplet is evaporated off and the molecules lose their mobility. Another
 395 important timescale that determines the crystallization behavior of a component is the available time for
 396 crystallization or the precipitation window, defined as

$$t_{p,i} = t_d - t_{\text{sat},i} = t_d (S_{0,i} E_{s,i})^{\frac{2}{3}}, \quad (7)$$

397 or in dimensionless form as

$$\tau_{p,i} = \frac{t_{p,i}}{t_d} = (S_{0,i} E_{s,i})^{\frac{2}{3}}. \quad (8)$$

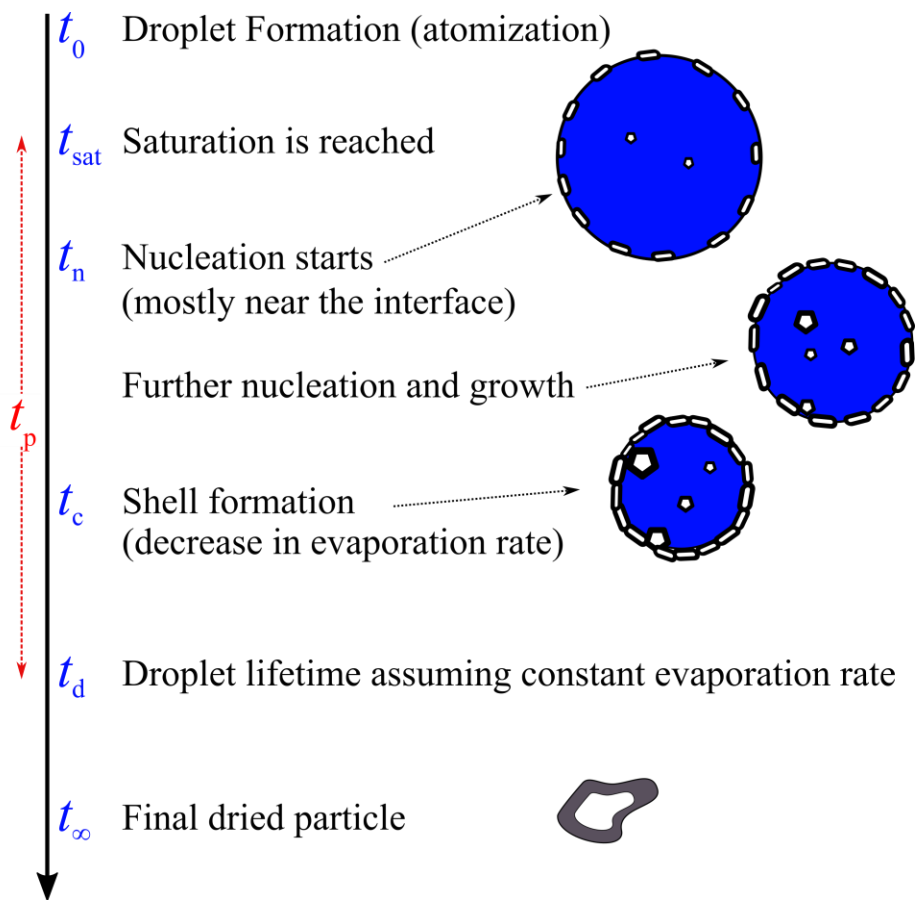
398 In the remainder of this article, the Greek letter τ will denote the dimensionless time of the respective
 399 timescale normalized by the droplet drying time. The larger this value, the more crystallinity is expected
 400 for a crystallizing component (Feng et al., 2011). The presence of another component such as a saccharide
 401 (e.g. trehalose) can also hinder the mobility of the crystallizing components due to the increase in
 402 viscosity of the solution at higher saccharide concentrations (Galmarini et al., 2011) or their earlier
 403 solidification. This explains the fact that leucine has a higher amorphous fraction in spray-dried powder
 404 with high fractions of trehalose (Feng et al., 2011).

405 For nucleation to start and stable nuclei to form and grow, a certain level of supersaturation is required to
 406 surpass the energy barrier of nucleation (Mullin, 2001). Therefore, a more relevant point during the
 407 evaporation history can be identified, namely the critical supersaturation ratio, $S_{n,i}$ at which the
 408 component can instantaneously nucleate. In a manner similar to the derivation of equation (6), the time to
 409 reach this critical supersaturation, $t_{n,i}$, can be obtained as

$$t_{n,i} = t_d \left[1 - \left(\frac{S_{0,i} E_{s,i}}{S_{n,i}} \right)^{\frac{2}{3}} \right]. \quad (9)$$

410 Upon reaching this level of supersaturation, nucleation can start on the surface of the droplet. The
 411 subsequent growth of the crystallites reduces their mobility and causes their Péclet numbers to increase
 412 substantially, meaning that any crystallite that is collected by the receding surface of the droplet is
 413 practically trapped on the surface. Further surface accumulation of these crystallites and their
 414 simultaneous growth causes a solid shell to form on the surface of the droplet (Baldelli et al., 2016) at
 415 time t_c , defined as the time of shell formation. Upon reaching this time, the evaporation rate as defined by

416 equation (3) is reduced substantially, even though the particle continues to lose water and may shrink
 417 further. This process, as shown schematically in Figure 2, explains the observed hollow particle
 418 morphologies for a crystallizing material with low aqueous solubility such as leucine, (Feng et al., 2011;
 419 Vehring, 2008). For a component that crystallizes during drying, the time of shell formation, t_c , does not
 420 follow the behavior of the other timescales such as t_n , t_{sat} and t_d . This is because the rates of nucleation,
 421 crystal growth and surface accumulation cannot be correlated with the evaporation rate alone. For this
 422 reason, it is possible instead to find t_c from the EDB observations, defined in this article as the time at
 423 which deviation from d^2 -law is observed in the evaporation history, rather than by using the mass balance
 424 equations similar to equation (6).



425
 426 **Figure 2** The proposed particle formation process and characteristic times for a crystallizing component
 427 with low solubility.

428 He et al. successfully measured the critical supersaturation at which nucleation commences
429 instantaneously in evaporating microdroplets via the extrapolation of nucleation times for a broad range
430 of compounds and proposed a practical model to predict this critical supersaturation, S_n , based on
431 classical nucleation theory and as a function of crystal and solution properties (He et al., 2006). The
432 appropriate properties for leucine in aqueous solutions were crystalline leucine density, $\rho_{\text{leu}} = 1293$
433 mg/mL (Yaws, 2010) and its aqueous solubility, $C_{\text{sol,leu}} = 22$ mg/ml at 25 °C (Yalkowsky et al., 2019).
434 The activity coefficient of water at leucine saturation was approximated to be equal to 1 (Held et al.,
435 2011). Inserting these values in equations given by He et al. gave $S_{n,\text{leu}} = 3.5$. Hence, based on this
436 simple model, leucine was expected to start nucleating instantaneously at a supersaturation of 3.5 in a
437 water microdroplet.

438 For materials that are spray dried into an amorphous state, such as trehalose (Feng et al., 2011) and
439 pullulan (Carrigy et al., 2019), solidification starts upon reaching a very high concentration, denoted as
440 $C_{c,i}$ in this study. The time to reach this critical concentration can be obtained from

$$\tau_{c,i} = 1 - \left(\frac{C_{0,i} E_{s,i}}{C_{c,i}} \right)^{\frac{2}{3}}. \quad (10)$$

441 Note that based on the Stokes-Einstein equation, the diffusion coefficients of leucine and trehalose in
442 water at 20 °C are 6.6×10^{-10} and 5.2×10^{-10} m²/s, respectively. These give Péclet numbers of about
443 0.8 and 1.1 at a drying temperature of 75 °C and 0.2 and 0.3 at a drying temperature 20 °C, for leucine
444 and trehalose, respectively. Hence, for the drying temperatures encountered in this study, the use of the
445 steady state surface enrichment equations is reasonable. If that is not the case for a large excipient or API
446 or at much higher evaporation rates, the methodology presented in (Boraey and Vehring, 2014) can be
447 employed to approximate the evolution of surface enrichment with time.

448 The important time scales and diameters encountered in this study are summarized in Table 4.

449 *Table 4* Important time scales and diameters relevant to the solidification and shell formation of the particles encountered in this
 450 study.

Parameter	Dimensionless Form	Description
t_d	-	The drying time of the droplet assuming constant evaporation rate (equation 5).
$t_{n,leu}$	$\tau_{n,leu} = t_{n,leu}/t_d$	The time for leucine to reach its critical supersaturation. Obtained from equation 9 with $S_{n,leu} = 3.5$.
t_c	$\tau_c = t_c/t_d$	The time of shell formation or solidification obtained from the EDB measurements.
$t_{c,leu}$	$\tau_{c,leu} = t_{c,leu}/t_d$	The time of shell formation of leucine obtained from equation 11, which was a non-linear fit based on the EDB measurements.
$t_{c,treh}$	$\tau_{c,treh} = t_{c,treh}/t_d$	The solidification time of trehalose obtained from equation 10 with $C_{c,treh} = 830$ mg/mL. This concentration was obtained from the EDB measurements.
d_0	-	The initial droplet diameter.
d_c	d_c/d_0	The diameter at which shell formation or solidification was detected in the EDB measurements.
d_p	d_p/d_0	The final projected area equivalent diameter of the monodisperse particles generated using the droplet chain instrument.

451

452

453 **3. Results and Discussions**

454 As mentioned in the previous sections, different combinations of trehalose and leucine were studied. The
 455 main object of the experimental procedure was to study the shell formation and crystallization kinetics of
 456 leucine-containing particles to support future mechanistic design attempts in spray drying microparticles
 457 containing different excipients and APIs intended for pulmonary aerosol delivery.

458 3.1. Comparative-Kinetics Electrodynamic Balance

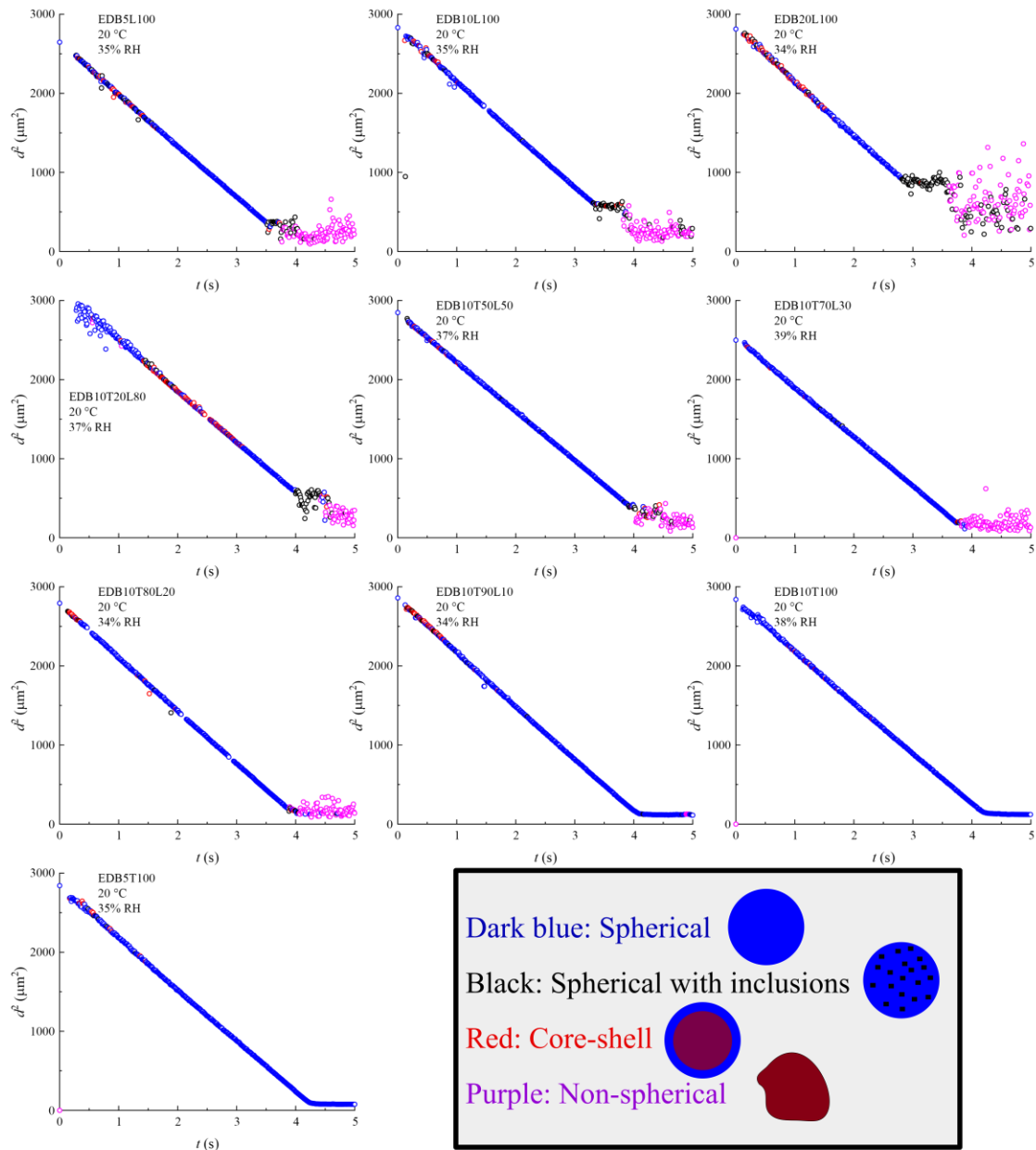
459 The CK-EDB instrument allowed the accurate measurement of the time at which deviation from d^2 -law is
460 observed in the evaporation history, which we define here as the time to shell formation t_c . A novel
461 method was also employed to approximate the general morphology of the solution droplet based on the
462 irregularities observed in the phase function of the scattered light (Haddrell et al., 2019). Two to five
463 droplets per formulation (Table 1) were studied at 20 °C and at dry (RH = 0%) and humid (RH \approx 35%)
464 conditions. Samples of droplet data per formulation are shown in Figure 3. The data points are color-
465 coded based on the detected morphologies. The square of the droplet diameter is plotted as a function of
466 time, yielding a straight line for constant-rate evaporation according to the d^2 -law. However, the droplet
467 diameters are only reliable for the completely spherical morphologies (color-coded dark blue). It can be
468 seen that there is some noise in most cases during the initial or middle stages of the evaporation upon
469 droplet generation, resulting in unexpected morphology results like a core-shell structure early in the
470 evaporation process (color-coded red). These anomalies may have been caused by instability of the
471 droplet inside the chamber.

472 By reviewing the droplet data for pure leucine cases in Figure 3, i.e. the first row of panels, a region can
473 be observed at which inclusions were detected, shown by the black points. At these instances, significant
474 deviation from the d^2 -law, i.e. from a constant evaporation rate, is also visible. Later on, the morphology
475 was detected to be non-spherical or non-homogenous, denoted by the purple points. Increasing the initial
476 concentration of leucine accelerated the occurrence of this critical point, meaning that the inclusions
477 happened at a larger droplet diameter. It was also observed that increasing the initial leucine concentration
478 likewise caused the elapsed time between the onset of inclusions and the first non-spherical point (purple
479 points) to increase.

480 These observations agree with our previous explanation regarding leucine particle formation (Figure 2). A
481 critical supersaturation is reached at the time ($t_{n,leu}$) at which nucleation commences. This point cannot
482 be detected in the measurements because the droplet is still optically homogeneous with nuclei present

483 that are too small to be detected by changes in the phase function. Then the crystallites grow and enrich
484 the surface to a point at which the phase function of the scattered light is affected, and the evaporation
485 rate is decreased. At this point the time for shell formation ($t_{c,leu}$) is reached. The detected morphologies
486 in Figure 3 follow the same sequence, showing optically homogeneous spheres during the constant rate
487 evaporation phase, inclusions and core-shell structures at the point of shell formation and then non-
488 spherical, irregular morphology once the shell begins to deform or fold.

489 In the cases of mixtures of leucine and trehalose, shown in the next five plots in Figure 3, similar behavior
490 was observed. Increasing the leucine fraction at constant total solids content initiated shell formation at an
491 earlier time, indicating the potential to obtain larger, less dense and more rugose particles. By a
492 qualitative comparison of plots for the samples EDB5L100 (5 mg/mL pure leucine) and EDB10T50L50
493 (10 mg/mL with 50% leucine), which had the same absolute initial leucine concentrations, relatively
494 similar behavior was observed. The shell formation time was also similar. From this observation, we can
495 conclude that at high leucine fractions, trehalose does not interfere with the crystallization of leucine. For
496 the cases with leucine fractions less than 30%, a reversal in behavior was observed. No significant period
497 of inclusions and crystal growth was observed before complete solidification. For the case of 10%
498 leucine, the particles remained spherical even after the evaporation rate was reduced. These observations
499 are in agreement with previous studies which demonstrated that high fractions of trehalose can hinder the
500 crystallization of leucine to the point at which leucine is mostly amorphous, possibly due to rapid increase
501 of droplet viscosity (Feng et al., 2011).



502

503 **Figure 3** Sample droplet evaporation histories of the formulations studied using the CK-EDB instrument.

504 The data are color-coded according to the detected morphologies. A label such as EDB α T β L γ means the

505 formulation studied with the EDB instrument had a total feed concentration of α with trehalose and

506 leucine mass fractions of β and γ , respectively.

507 For the last two formulations of neat trehalose, a very sharp drop in the evaporation rate was observed
508 after which a spherical particle was detected. This was expected, as neat spray-dried trehalose particles
509 are spherical (see Figure 7). Using the measured diameter at the points at which the evaporation rates
510 decrease, a trehalose bulk concentration at which solidification commenced was obtained. The measured
511 concentration was practically the same for the two cases studied, each with a number of replicates. We
512 call this concentration the solidification concentration for trehalose, $C_{c,treh} = 830 \pm 15$ mg/mL; the error
513 represents one standard deviation. It was shown previously that the particle density of spray-dried
514 trehalose particles was approximately equal to the density of amorphous trehalose, which is 1530 mg/mL
515 (Vehring et al., 2007). The lower measured critical concentration for trehalose points to the fact that the
516 particles keep shrinking at a much smaller rate, while losing their water content, until the true density is
517 reached.

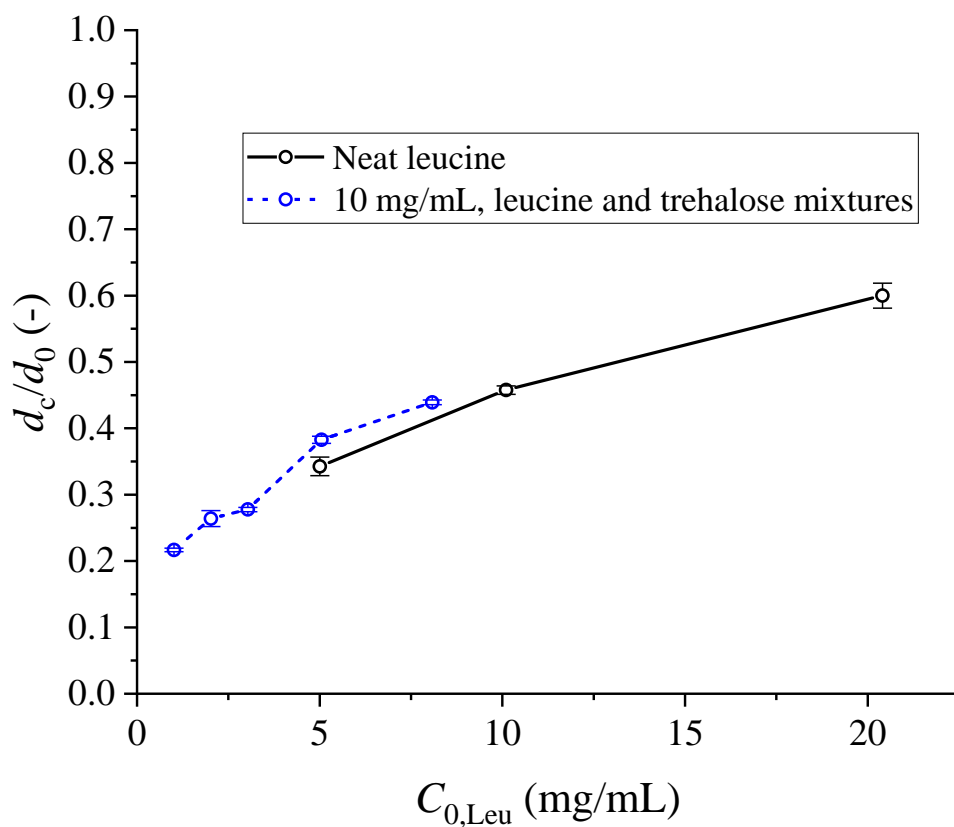
518 For all of the experiments performed (2-5 droplets per formulation), the shell formation time, t_c , and
519 corresponding diameter, d_c , were measured. The normalized values $\frac{d_c}{d_0}$ and $\tau_c = \frac{t_c}{t_d}$ are plotted as a
520 function of initial leucine concentration in figures 4 and 5, respectively. In these figures, the error bars
521 represent one standard deviation. As seen from these plots and as pointed out earlier, the time of shell
522 formation was decreased, and the critical diameter increased, by increasing the initial leucine
523 concentration. These phenomena can be explained by the fact that leucine reaches critical supersaturation
524 earlier in the evaporation process if the initial leucine concentration is higher (see equation (9)). This
525 trend was similar between the pure leucine formulations and the formulations containing trehalose. Again,
526 this fact points to our previous observation that trehalose has no discernible effect on the crystallization
527 and shell formation of leucine at high leucine fractions. The mean concentrations of leucine at the point of
528 shell formation, $C_{c,leu}$, were also calculated from a mass balance equation and are shown in Figure 6. The
529 level of leucine saturation is also shown on the right axis. The leucine concentration at the point of shell
530 formation was 5 ± 1 and independent of the initial leucine concentration. For leucine solution droplets with
531 an initial diameter of about 50 μm , shell formation can be detected at a supersaturation of about 5, which,

532 as expected, is larger than the previously calculated critical supersaturation of 3.5, because nucleation and
 533 some crystal growth must precede the point of shell formation. Therefore, the time of shell formation and
 534 its related normalized parameters, $\frac{d_c}{d_0}$ and τ_c , are suspected to be also a function of initial droplet diameter.
 535 These assumptions will be verified by comparing the morphologies of polydisperse spray-dried particles
 536 of different sizes of the same formulation later on. A detailed analysis of the combination of these effects
 537 is outside the scope of this study.

538 Interestingly, it was noticed that the points in Figure 5 can be fitted using a function such that $\tau_{c,\text{leu}} =$
 539 $1 - a(C_{0,\text{leu}})^{2/3}$, where a is the fitting parameter. According to the explanation above, a is expected to be
 540 a function of the initial droplet diameter and possibly the evaporation rate for smaller droplets. Comparing
 541 this function to equations obtained from mass balance, such as equations (6) and (9), a non-linear fit was
 542 performed on the data to find the diameter dependent coefficient k_{d0} such that

$$\tau_{c,\text{leu}} = 1 - k_{d0}(E_{s,\text{leu}}S_{0,\text{leu}})^{2/3}, \quad (11)$$

543 which resulted in $k_{d0} = 0.35$ for the parameters of the CK-EDB experiments with initial diameters of
 544 about 50 μm . Like a , this coefficient should also be a function of other process parameters such as the
 545 evaporation rate. The sensitivity of this coefficient to other parameters is believed to be lower than it is to
 546 the droplet diameter, as it was observed that τ_c was practically constant for different droplets studied for a
 547 single formulation but at two different relative humidities (hence different evaporation rates). Using this
 548 empirical equation, one can predict the instance of shell formation for leucine in the course of droplet
 549 evaporation. This time-point can be compared to the critical points of other components in the system in
 550 order to predict the levels of surface coverage. The dimensionless time to reach critical supersaturation,
 551 τ_n , obtained from equation (9), can also be compared to the time of shell formation of other components
 552 to check if leucine has enough time to nucleate in the first place. Previously, the time to reach saturation
 553 was used for this purpose (Vehring, 2008), but the theoretical time to critical supersaturation and the time
 554 of shell formation are better approximations for the actual shell formation timing.



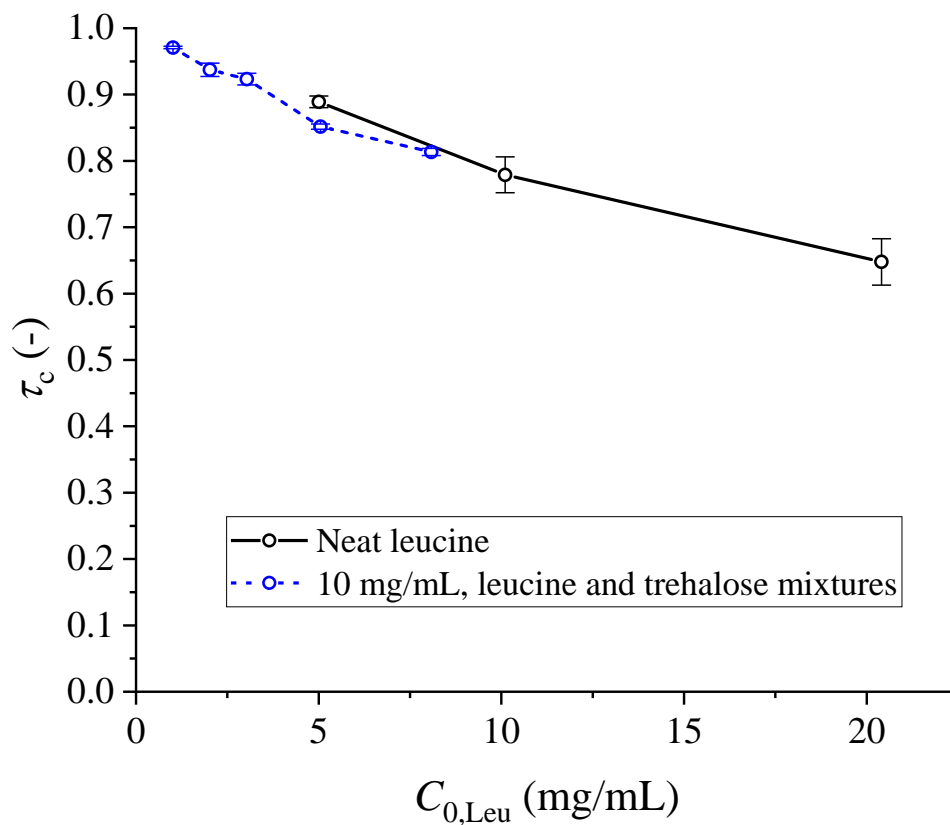
555

556 **Figure 4** The normalized diameter of shell formation obtained from CK-EDB measurements, for $d_0 \cong$

557

50 μm .

558



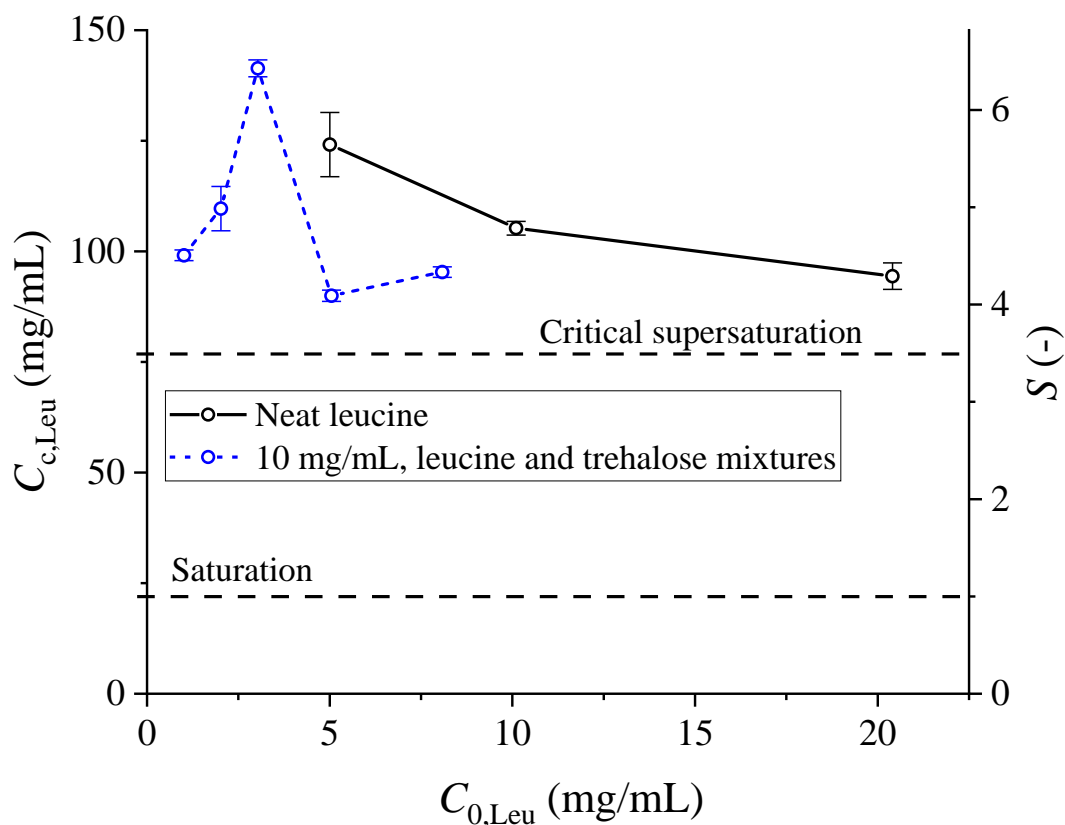
559

560 **Figure 5** Normalized time of shell formation obtained from CK-EDB measurements, for $d_0 \cong 50 \mu\text{m}$.

561 The normalization was performed using the droplet drying time. Larger values mean shell formation

562 happens later and closer to the end of the evaporation period.

563



564

565 **Figure 6** The mean leucine concentration and saturation ratios at the point of shell formation, obtained
 566 from the CK-EDB measurements, for $d_0 \cong 50 \mu\text{m}$. The dashed horizontal lines represent the saturation at
 567 the leucine solubility concentration of 22 mg/mL and the theoretical critical supersaturation ratio of 3.5.

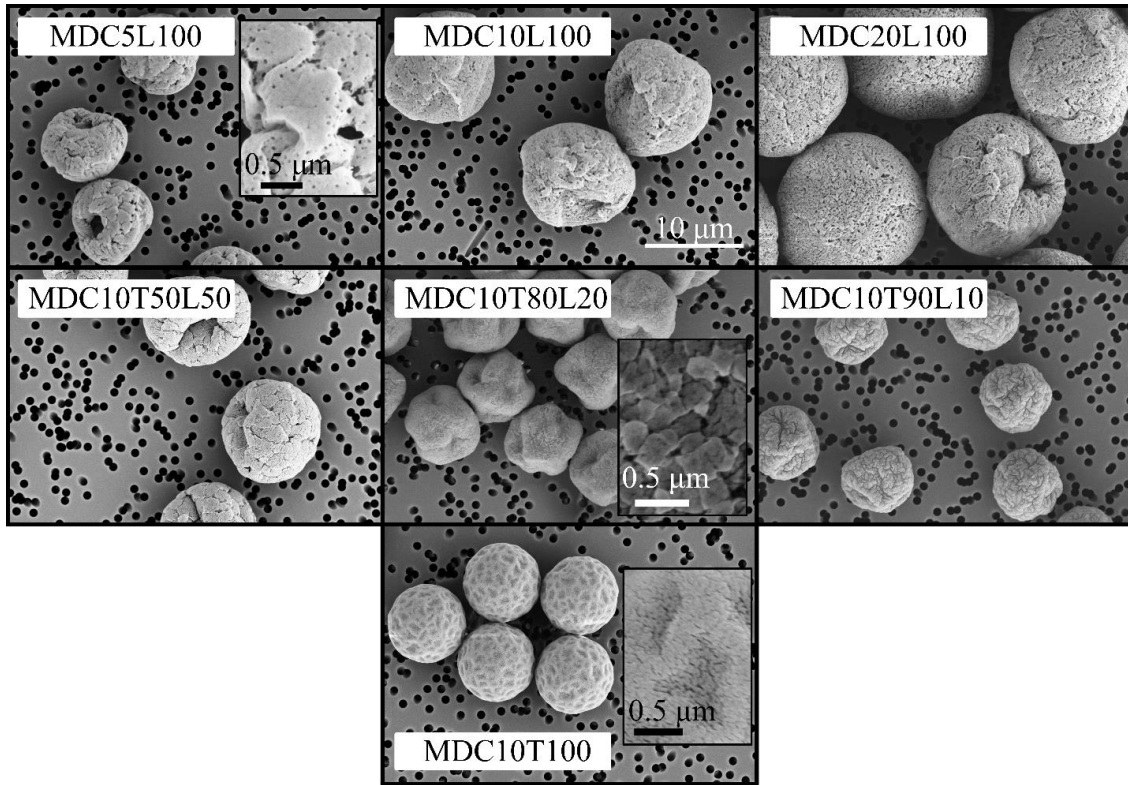
568

569 3.2. Monodisperse Droplet Chain Instrument

570 In order to measure the particle densities and show the corresponding particle morphologies of the cases
 571 studied using the CK-EDB instrument, similar formulations were analyzed using the droplet chain
 572 instrument (see Table 2). The SEM micrographs of these particles are shown in Figure 7. The first three
 573 micrographs for the neat-leucine cases show a morphology consistent with previously published results
 574 (Feng et al., 2011), namely a hollow core with a shell that consists of smaller individual pieces. Increasing

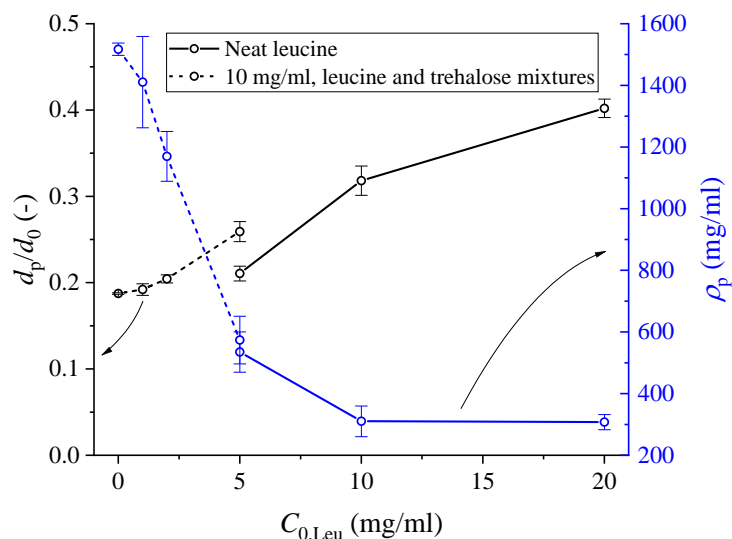
575 the initial concentrations resulted in larger particles with thicker shells. This result is expected, as higher
576 initial leucine concentrations mean critical supersaturation and the time of shell formation are reached
577 earlier and at larger droplet diameters. It is apparent from the last four micrographs that decreasing the
578 leucine content in a leucine/trehalose mixture causes the morphologies of the particles to change from
579 hollow ones with shells to solid spheres. As will be seen for the spray-dried particles, and as was also
580 shown elsewhere (Feng et al., 2011), decreasing the leucine content also decreases its crystalline fraction.
581 The ultrahigh magnification inset figures were included to show the patched surfaces due to presence of
582 crystalline leucine compared to the relatively smooth surfaces of amorphous trehalose particles.

583 As explained previously, the projected area diameter of these particles was measured as a representation
584 of their size. The resulting particle diameters, d_p , normalized by the measured initial diameters, d_0 , are
585 presented in Figure 8. Because of the high accuracy in the measurement of the initial droplet diameters
586 and the high monodispersity of the particles, the particle densities could be obtained confidently using
587 equation (1). The measured particle densities are also shown in blue (right axis) in Figure 8. In this figure,
588 error bars represent one standard deviation. As expected, increasing the initial leucine concentration
589 caused the normalized particle diameters to increase, and the particle densities to decrease. It was
590 observed that at a leucine fraction of 50% the particle density was reduced by more than 60%. It was also
591 observed from the two cases at 5 mg/ml leucine, MDC10T50L50 and MDC5L100, that the general
592 morphology of the particles was similar. This fact points to previous observations that at mass fractions of
593 up to around 80% trehalose does not interfere with the crystallization and shell formation of leucine (Feng
594 et al., 2011). It is also worthwhile noting that the general trend and the actual values in this figure are very
595 similar to the data in Figure 4. These similarities may be due to the slow drying kinetics in the droplet
596 chain and the CK-EDB instruments as well as to the relatively large initial droplet diameters in both
597 instruments. Hence, enough time for crystal growth is available in both experimental techniques. Under
598 these circumstances the lowest particle densities can be achieved by choosing an initial leucine
599 concentration close to its solubility of 22 mg/mL at room temperature.



600

601 **Figure 7** SEM micrographs of the particles generated using the monodisperse droplet chain setup at 20
 602 °C with initial droplet diameters of about 40 μm. The 10-μm scale bar applies to all images except the
 603 inset figures, for which separate scale bars are provided. A label such as MDC α T β L γ means the
 604 formulation studied with the MDC instrument had a total feed concentration of α with trehalose and
 605 leucine mass fractions of β and γ , respectively.



606

607 **Figure 8** The measured normalized particle diameters and densities obtained from the monodisperse
 608 droplet chain setup at 20 °C with initial droplet diameters of about 40 μm .

609

610 3.3. Spray-Dried Powder

611 The SEM micrographs of the four different spray-dried formulations containing leucine and trehalose are
 612 shown in Figure 9. The increase in surface roughness due to the shell formation and crystallization of
 613 leucine is clear, which is an important factor for the reported enhancement of aerosolization properties of
 614 such powders (Eedara et al., 2018; Mah et al., 2019; Seville et al., 2007). Similar to the monodisperse
 615 particles obtained from the droplet chain, surfaces of the particles for which leucine is expected to be
 616 crystalline were composed of distinguishable crystals, as seen from the higher-magnified micrographs at
 617 the bottom row of Figure 9.

618 Another important note to take from these images of the polydisperse powder is the difference in
 619 morphologies observed for a single formulation. Larger particles were hollow with a thinner shell, while
 620 smaller particles were denser. This difference supports our previous remarks that the whole process of
 621 crystallization and shell formation cannot be normalized by the drying time as can be done for amorphous

622 precipitation, e.g. for trehalose particles. This fact is also expected to cause variations in surface
623 compositions of the particles, with larger particles having higher leucine surface fractions, as will be seen
624 from the TOF-SIMS data below.

625 The leucine crystalline fractions obtained from the deconvolution of the Raman spectra are presented in
626 Figure 10, accompanied by the results of Feng et al. (Feng et al., 2011). Note that the total concentrations
627 were different compared to the formulations studied in the present article, hence the differences between
628 the data. Feng et al. mentioned that the formulation with 5% leucine fraction was dominantly amorphous,
629 but quantification was not possible due to the very small amount of leucine in the particle. The trehalose
630 was completely amorphous in all cases, as expected. In the current study, there was a transition from
631 partially to completely crystalline leucine between leucine fractions of about 10% to 20%. A mixture of
632 amorphous and crystalline molecules of the same material in the particles is undesirable for long-term
633 stability. That is because, in humid conditions, the crystals in the particles can act as nucleation sites for
634 the crystallization of the amorphous content of the same material. In other words, the crystalline content
635 of a material lowers the energy barrier for crystallization of its amorphous counterpart. This fact may
636 cause crystallization in the particles, leading to physical instability.

637 The surface compositions of the spray-dried particles measured by TOF-SIMS are shown in Figure 11,
638 with red and blue representing leucine and trehalose molecules, respectively. As expected, the average
639 leucine surface composition increased by increasing the leucine feed fraction from 10 to 40%. It can be
640 seen in all three cases that smaller particles had more trehalose on the surface than larger particles,
641 confirming the previous remarks on size-dependency of the particle morphology.

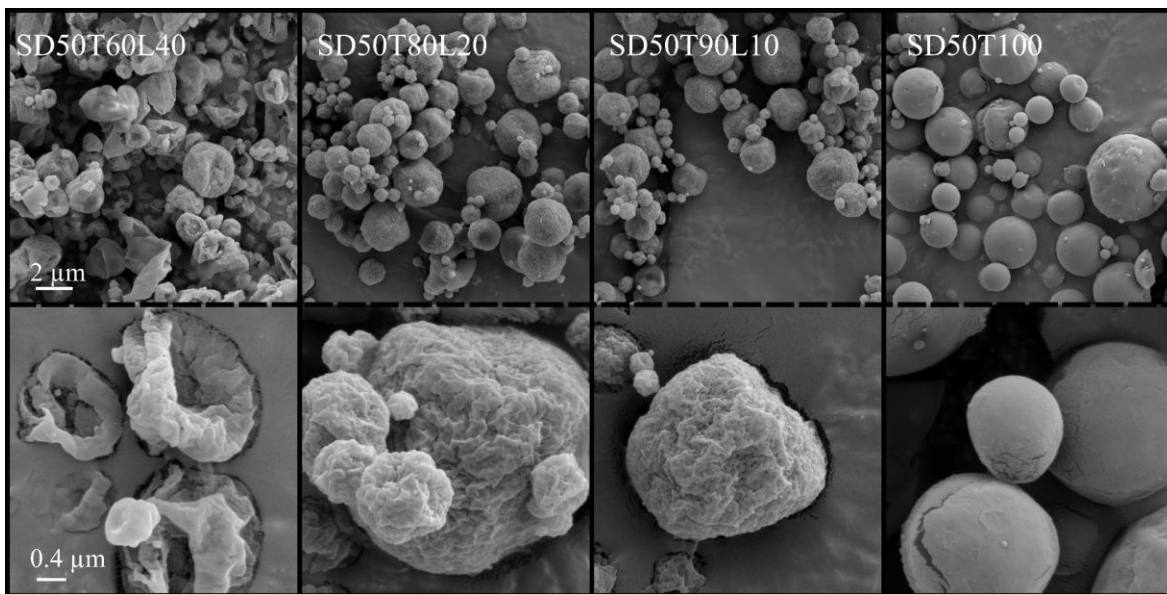
642 The pixel-average surface compositions of the spray-dried leucine/trehalose particles from the TOF-SIMS
643 spectra are plotted versus the bulk composition in Figure 12. These pixel-average values are presented for
644 the whole powder, and for small, medium and large particle fractions. The error bars for the total averages
645 are equal to the standard deviation of the pixel fractions of the whole frame. The total average leucine
646 surface coverage is seen to increase with leucine mass fraction. On average, 23% (mass basis) of the

647 particles are covered by leucine at a mass fraction of 10%, compared to the 48% coverage at a mass
648 fraction of 40%. It is also evident from these results that large particles have more leucine coverage than
649 small particles in all cases. It is likely that these small particles are composed of mostly amorphous
650 leucine with some small crystallinity, even for the case with the highest leucine mass fraction
651 (SD50T60L40). This can be deduced from the fact that the surface coverage of the small leucine particles
652 is smaller than even the bulk leucine fraction. This means that for these particles, the surface was enriched
653 by trehalose not leucine, due to the larger Péclet number of trehalose compared to leucine in molecular
654 form. Thus, there is no evidence of crystal growth. These small particles comprise only a very small mass
655 fraction of the total powder. Hence, their effect on the crystallinity measurements using the Raman
656 instrument are minimal. Nevertheless, it cannot be ruled out that the presence of even a small quantity of
657 amorphous leucine in the powder can potentially hinder the long-term physical stability of the product in
658 the form of both dry powder and suspension pressurized metered-dose inhalers (pMDIs).

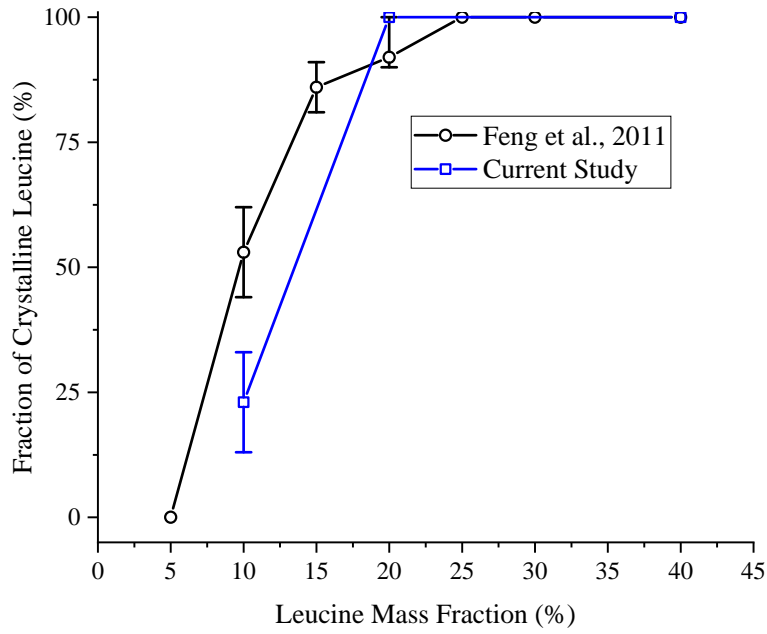
659 In order to further interpret the phenomena explained above, the available time for leucine crystallization
660 versus the initial droplet diameter of the spray-dried powder is shown in Figure 13. As opposed to the
661 precipitation window explained in equation (7), here the available time for crystallization was defined
662 more precisely as the time for trehalose to reach a concentration of 830 mg/mL, less the time for leucine
663 to reach a critical supersaturation of 3.5. Assuming a logarithmic normal distribution with a mass median
664 diameter of 8 μm and an approximate geometric standard deviation of 2.2 for the atomized droplets, the
665 $d_{0,50}$, $d_{0,16}$ and $d_{0,84}$ are also indicated by the vertical grey lines. It is evident from these data that the time
666 available for crystallization increases sharply with increasing initial droplet diameter in all cases.

667 Assuming a particle density of 1000 mg/mL and a feed concentration of 50 mg/mL, equation (1) gives
668 initial droplet diameters smaller than 2.7 μm for solid particles smaller than 1 μm . Hence, for these
669 particles the time available for leucine crystallization is less than 1 ms. The difference in crystallization
670 times is the reason behind the large differences observed in the morphologies, leucine surface coverage
671 and possibly the crystallinity of the polydisperse particles. The crystallization windows of a sample case

672 for the CK-EDB and the droplet chain instrument are also shown in Figure 13 as the individual data
673 points. It is apparent from these calculated values that for both of these large droplets enough time is
674 available for complete crystallization of leucine, hence their similar behavior.



675
676 **Figure 9** SEM micrographs of the spray-dried leucine/trehalose particles dried at an inlet temperature of
677 75 °C. The scale bars apply to each row, and each column is of the same formulation. A label such as
678 SD α T β L γ means the spray-dried formulation had a total feed concentration of α with trehalose and
679 leucine mass fractions of β and γ , respectively.



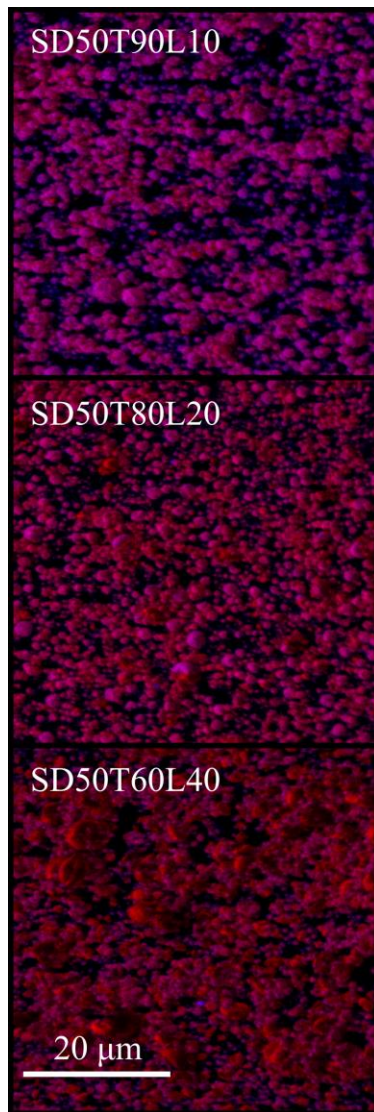
680

681

Figure 10 The fractions of crystalline leucine in spray-dried leucine/trehalose particles. The drying

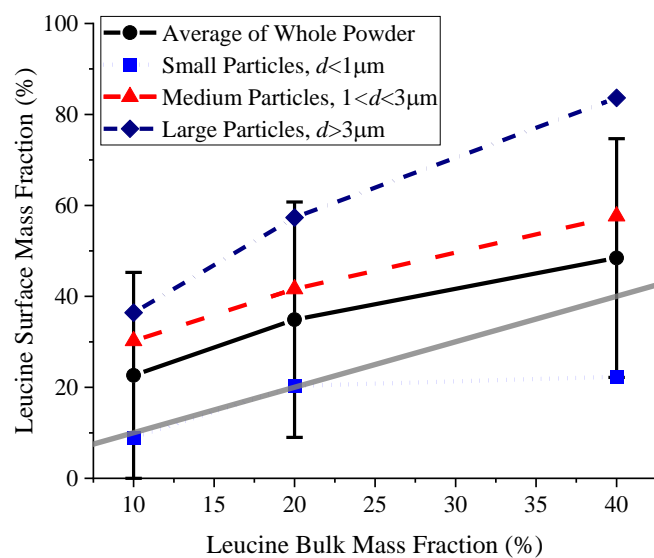
682

temperature was 75 °C in both studies, but the total feed concentrations were different.



683

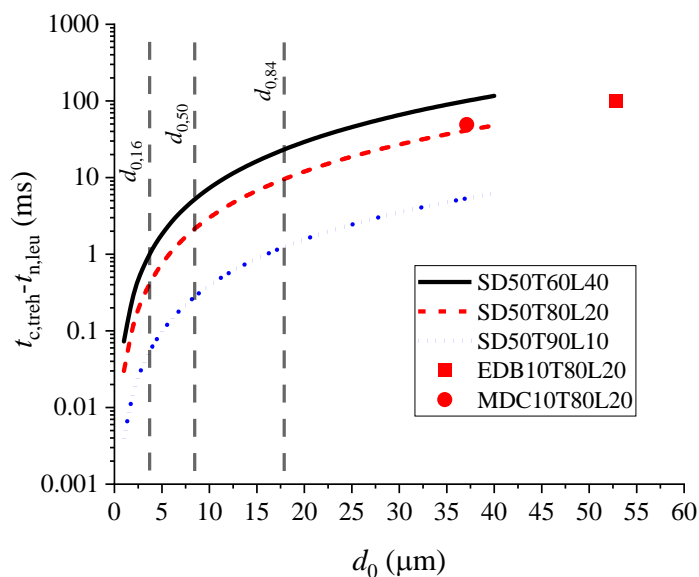
684 **Figure 11** The surface compositions of the spray-dried leucine/trehalose particles from the TOF-SIMS
685 measurements. Red represents leucine molecules and blue represents trehalose. The scale bar applies to
686 all three images. A label such as SD α T β L γ means the spray-dried formulation had a total feed
687 concentration of α with trehalose and leucine mass fractions of β and γ , respectively.



688

689 **Figure 12** The pixel-average surface compositions of the spray-dried leucine/trehalose particles from the
 690 TOF-SIMS spectra. The total feed concentration was 50 mg/mL and the drying temperature was 75 °C for
 691 all cases. The grey line is the identity line ($x=y$).

692



693

694 **Figure 13** The available time for crystallization of leucine based on the difference between the time for
 695 trehalose to solidify and the time for leucine to reach the critical supersaturation, as a function of the
 696 initial droplet diameter. The curves apply to the spray-dried samples (drying temperature of 75 °C)
 697 accompanied by the vertical grey lines representing the approximate atomized droplet size distribution.
 698 The two individual data points represent a sample case of the electrodynamic balance and the droplet
 699 chain instruments (drying temperature of 20 °C).

700

701 3.4. Application to Formulation Design

702 Based on the data available in the literature and the results obtained from the experiments conducted in
703 this study, it is possible to design and analyze spray-dried particles containing leucine as a dispersibility
704 enhancer. Such an approach has the potential to greatly reduce the number of experimental iterations
705 required in the design of a spray-dried platform containing other excipients and actives intended for
706 pulmonary delivery. The same framework may be used for other crystallizing components if the critical
707 parameters are determined in a similar fashion.

708 A dispersibility enhancing excipient needs to attain enough surface coverage on the final particle to have
709 the desired effects. If the solidification time of another excipient, τ_c , which is not intended to be on the
710 particle surface, is smaller, it will be faster to precipitate, leading to a higher surface composition. Hence,
711 the shell former should have the smallest τ_c compared to other excipients for maximum surface coverage.
712 For a crystallizing component, such as leucine, the dimensionless time to reach critical supersaturation,
713 τ_n , is also important. If the other excipients solidify near the surface before the crystallizing component
714 can nucleate, then the shell former is expected to remain partially or completely amorphous. This is
715 because in this case the shell former molecules do not have enough mobility to fit into a crystal lattice or
716 reach the surface in the fast time scales of spray drying. For example, in the present case of leucine and
717 trehalose particles, if trehalose reaches its critical concentration before leucine can nucleate, i.e. $\tau_{c,treh} <$
718 $\tau_{n,leu}$, leucine will most likely be completely amorphous and will not have a very high surface coverage.
719 On the other hand, if $\tau_{n,leu} < \tau_{c,treh} < \tau_{c,leu}$, then leucine is expected to be partially amorphous with low
720 surface coverage. Lastly, if $\tau_{c,leu} \ll \tau_{c,treh}$, then most of leucine should have had enough time to
721 crystallize and cover the surface. It should be noted that even if leucine does not crystallize in a
722 formulation, it can still lower the surface energy of the particles due to its surface activity and molecular
723 surface enrichment.

724 These considerations can be extended to other systems containing more excipients and APIs in order to
725 design the formulation in such a way as to ensure optimal surface coverage by the shell former.

726

727 **4. Conclusion**

728 This study demonstrates that the combination of the results obtained from an electrodynamic balance, a
729 monodisperse droplet chain instrument, and a spray dryer holds great potential for the study of particle
730 formation of different excipients and APIs in spray-dried microparticles. These results may greatly reduce
731 the experimental efforts necessary in the early stages of the formulation design of a solid dosage form.

732 It was confirmed that the surface accumulation of leucine is based on nucleation and crystal growth and
733 that the presence of other material in high concentrations can decrease surface enrichment due to
734 crystallization. It was also observed that the surface coverage and solid phase of leucine, as a crystalline
735 dispersibility enhancer, can be dependent on the initial droplet diameter due to the amount of time
736 required to nucleate, crystallize and form a shell. This fact has important implications for scale-up and
737 optimization of manufacturing parameters in these systems. A critical supersaturation ratio at which
738 leucine can spontaneously nucleate was also determined theoretically and supported by experimentation.
739 Furthermore, critical solidification and shell formation times were obtained for trehalose and leucine
740 using the single-particle experiments, which can be used in the formulation design of systems containing
741 these excipients to estimate leucine crystallinity and the extent of its surface coverage. The same
742 methodology can be applied for other crystallizing excipients or actives.

743

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747

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